

**MIDSOUTH PCA Region**  
**PCA DE MINIMUM STANDARDS: EQUAL RESTRAINTS**

Both the driver and passenger **MUST HAVE AND USE THE SAME RESTRAINT SYSTEM.**

PCA National has modified the minimum standards related to use of head and neck devices or HANS. The modified requirements will impact any driver who has a multi-point harness (5, 6 or 7 point) installed in their car. It **DOES NOT** apply to drivers who only use the standard 3-point safety belt system.

Starting January 1, 2019, people driving cars with multi-point harness systems will be required to utilize a head and neck restraint system, commonly referred to as a HANS device. This mean both the driver and passenger must have a head and neck restraint device if the driver is using a multi-point harness.

A head and neck restraint device certified as meeting the standards of either SFI 38.1 or FIA 8858 or its successor is required. The use of such a harness system without roll protection and a head and neck restraint device may result in an unsafe environment and is not a **COMPLETE SYSTEM.**

Consider the scenarios below\*:

<b>Driver / Passenger Situation</b>	<b>Seat Belts / Harness</b>	<b>Equal Restraint / Head and Neck Device Requirements</b>
Student & Instructor or Instructor & Passenger	Both seats have only a standard 3-point seat belt.	HANS not required
Student & Instructor or Instructor & Passenger	Driver seat has a multi-point harness as well as the 3-point seat belt; the passenger seat has only the 3-point seat belt.	The driver and passenger <b>MUST BOTH USE</b> the 3-point seat belt system; HANS not required.
Student & Instructor or Instructor & Passenger	Driver seat has a multi-point harness only (factor installed seat belt has been removed); the passenger seat has only the 3-point seat belt.	This car <b>DOES NOT</b> meet the equal restraint requirement and two people <b>CAN NOT</b> be in the car. The student will be unable to participate in PCA DE events. The instructor will be unable to have a passenger in the car.
Student & Instructor or Instructor & Passenger	Driver seat and passenger seat both have only a multi-point harness system (no 3-point seat belt).	<b>BOTH</b> driver and passenger <b>MUST USE</b> a HANS device. No exceptions.
Solo Driver (whether solo, advanced solo or instructor)	Driver seat has a multi-point harness system and a 3-point seat belt.	If the driver does not have a HANS device, he/she must use the 3-point seat belt and not the multi-point harness system.
Solo Driver (whether solo, advanced solo or instructor)	Driver seat has only a multi-point harness system.	Driver <b>MUST USE</b> a HANS device. No exceptions.

\*These are examples only, specific questions should be addressed to PCA National, Tech Inspector, DE Registrar or CTI.